



# **Helping with Behaviour: Establishing the Positive and Addressing the Difficult in the Early Years (Essential Guides for Early Years Practitioners)**

*Sue Roffey*

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## **Helping with Behaviour: Establishing the Positive and Addressing the Difficult in the Early Years (Essential Guides for Early Years Practitioners) Sue Roffey**

This book shows how to establish good practice in early years settings so that all children are supported in developing positive interactions with one another.

With limited material available for practitioners in this area, Sue Roffey explains the features of an 'emotionally literate' environment in order to meet the needs of more vulnerable children, and looks at how to respond effectively when children are distressed and hard to manage. She provides a wealth of ideas and inspiration throughout, using down-to-earth language, and looks at:

- how to foster language and build self-esteem
- how to help pre-schoolers learn to feel good about complying and co-operating
- how children can become strong individuals as well as learn to be good
- how to identify more worrying behaviour and when to refer to other professionals.

Based on sound psychological theory and research and packed full of practical activities, illustrations, support and advice, this will be an invaluable source of inspiration for anyone concerned with providing the best environment for vulnerable young children in their care.

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