



# The Big Lie: Motherhood, Feminism, and the Reality of the Biological Clock

*Tanya Selvaratnam*

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**The Big Lie: Motherhood, Feminism, and the Reality of the Biological Clock** Tanya Selvaratnam  
**A candid assessment of the pros and cons of delayed motherhood.**

Biology does not bend to feminist ideals and science does not work miracles. That is the message of this eye-opening discussion of the consequences of delayed motherhood. Part personal account, part manifesto, Selvaratnam recounts her emotional journey through multiple miscarriages after the age of 37. Her doctor told her she still "had time," but Selvaratnam found little reliable and often conflicting information about a mature woman's biological ability (or inability) to conceive.

Beyond her personal story, the author speaks to women in similar situations around the country, as well as fertility doctors, adoption counselors, reproductive health professionals, celebrities, feminists, journalists, and sociologists. Through in-depth reporting and her own experience, Selvaratnam urges more widespread education and open discussion about delayed motherhood in the hope that long-lasting solutions can take effect. The result is a book full of valuable information that will enable women to make smarter choices about their reproductive futures and to strike a more realistic balance between science, society and personal goals.



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