



Rosehips on a Kitchen Table: Seasonal Recipes for Foragers and Foodies

Carolyn Caldicott, Chris Caldicott

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Carolyn Caldicott's *Rosehips on a Kitchen Table* combines old-fashioned recipes and tips for cooking seasonal ingredients sourced from the hedgerows, as well as local suppliers and farmers' markets. The recipes combine unusual yet traditional ingredients such as nettles, rosehips and elderberries, as well as plenty of ideas for dealing with seasonal gluts and finding and cooking easily foraged food.

There are chapters on Gleaning, Gluts, Growing your Own and Gathering (from shops or hedgerow) plus a section on how to make something out of the most unusual ingredients. Caroline's tried and trusted recipes include delights such as Cob Nut and Rocket Pesto with Maris Piper and Parsnip Gnocchi, Sloe and Elderberry Cider, Wild Garlic and Heritage Potato Dauphinoise and Quince Poached in Vanilla and Cinnamon Syrup.

Rosehips on a Kitchen Table is illustrated with Chris Caldicott's evocative photographs of people, places and produce, conjuring up a nostalgic picture of the land, the changing seasons and times past.



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