



Dependency and Japanese Socialization: Psychoanalytic and Anthropological Investigations in Amae

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"This insightful, well-written, fascinating book offers new understandings, not only of Japan, but also of American culture. It is essential for those in anthropology, psychology, sociology, and psychiatry who are interested in culture, as well as those in law and the business community who deal with Japan."

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". . . Johnson's erudite and critical re-examination of human dependence succeeds to re-profile dependence meaningfully and revives our interest in this major aspect of human experience. Indeed, much food for thought for both psychoanalysts and anthropologists."

—Henri Parens, M.D., Philadelphia Psychoanalytic Institute

Western ideologies traditionally emphasize the concepts of individualism, privacy, freedom, and independence, while the prevailing ethos relegates dependency to a disparaged status. In Japanese society, the divergence from these western ideals can be found in the concept of *amae* (perhaps best translated as indulgent dependency) which is part of the Japanese social fiber and pervades their experience.

For the Western reader, the concept of *amae* is somewhat alien and unfamiliar, but in order to understand the Japanese fully, it is essential to acquire a familiarity with the intensity that accompanies interdependent affiliations within their culture. To place *amae* in the proper context, Johnson critically examines the western attitudes toward dependency from the perspectives of psychoanalysis, psychiatry, developmental psychology, and anthropology. Johnson traces the development of the concept and uses of the term dependency in academic and developmental psychology in the West, including its recent eclipse by more operationally useful terms attachment and interdependency.

This timely book makes use of the work of Japanese psychiatrist Takeo Doi, whose book *The Anatomy of Dependence* introduced the concept of *amae* to the West. Johnson goes on to illuminate the collective manner in which Japanese think and behave which is central to their socialization and educational practices, especially as seen in the stunning success of Japanese trading practices during the past twenty years. A major emphasis is placed upon the positive aspects of *amae*, which are compared and contrasted with attitudes toward dependency seen among other nationalities, cultures, and groups in both Western and Asian societies.

Complete with a glossary of Japanese terms, *Dependency and Japanese Socialization* provides a comprehensive investigation into Japanese behavior.

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