



# Searching for Soul: A Survivor's Guide

*Bobbe Tyler*

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# Searching for Soul: A Survivor's Guide

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**Searching for Soul: A Survivor's Guide** Bobbe Tyler

**Winner of a da Vinci Eye Medal for Superior Cover Design**

**Shortlisted for the 2010 Eric Hoffer Award's Montaigne Medal**

To dive deep into your inner life. To explore what matters most: wisdom, happiness, the pain of loss, self-accountability, aging, and more. *Searching for Soul: A Survivor's Guide* is a breathtakingly honest case study: a self-examination resulting in the discovery of a meaningful life.

Bobbe Tyler blends her story with in-depth commentary, framing each chapter as a response to one of a set of questions, appended to the book, entitled The Harvesting Wisdom Interview. In her search for fulfillment, Tyler asks and answers the most difficult questions about the trauma of mental illness, divorce, financial and emotional despair. The rewards of this hard-won wisdom belong not to her alone but by way of her unflinching examination of life's many paths, dead ends, and circuitous routes — to anyone who has faced a life-choice gone wrong — or known the indescribable recovery from addiction or abuse, or longed for the peace that seems just out of reach. This searing self-appraisal provides hope and fellowship for those who seek to know themselves better.

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