



Cinnamon Essential Oil: Uses, Studies, Benefits, Applications & Recipes (Wellness Research Series Book 5)

George Shepherd

Download now

[Click here](#) if your download doesn't start automatically

Cinnamon Essential Oil: Uses, Studies, Benefits, Applications & Recipes (Wellness Research Series Book 5)

George Shepherd

Cinnamon Essential Oil: Uses, Studies, Benefits, Applications & Recipes (Wellness Research Series Book 5) George Shepherd

Cinnamon oil offers a number of therapeutic benefits; but you may be wondering what these benefits are. In this chapter, we'll take a closer look at the history of cinnamon and its many uses including safety precautions & common applications

Main Properties of Cinnamon Essential Oil: Antioxidant, Antibacterial, Antiseptic, Astringent, Antidepressant, Hypoglycemic, Antiviral, Antifungal, Anti-inflammatory, Emmenagogue, Expectorant, Digestive, Common Medicinal Uses, Skin Infections, Combating the Common Cold, Diabetes, Allergies, Candida Infections, Aiding in Digestion, Promoting Energy and more.

Recipes for Cinnamon Essential Oil(Pure Supportive Recipes): Airborne Bacteria, Aphrodisiac, Bacterial Infections, Body Warmth, Cooking, Diabetes, Diverticulitis, Fatigue, Fungal Infections, Immune Stimulant, Infection, Insect Bites/Stings, Mold, Pancreas Support, Pneumonia, Respiratory Issues, Typhoid, Vaginal Infection, Viral Infection

Blends: Alert Mist Spray, Chest Congestion, Diabetic Support, Energy Booster, Protective Blend, Fungal Infections, Gluten Intolerance, Immune-Boosting Spray, Immune-Boosting Topical Blend, Poison Ivy, Room Disinfectant, Stress-Reducing Massage Oil, Vapor Rub

Cinnamon Essential Oil Studies Included:

Study 1 – Antimicrobial Properties

Study 2 – Biocontrol in Fungal Contamination

Study 3 – Antioxidant Properties

Study 4 – Menstruation

Study 5 – Antibacterial Properties

Study 6 – Diabetes

Study 7 – Colon Cancer

Learn the history how Cinnamon Essential Oil has been used safely and effectively in this book.

 [Download Cinnamon Essential Oil: Uses, Studies, Benefits, A ...pdf](#)

 [Read Online Cinnamon Essential Oil: Uses, Studies, Benefits, ...pdf](#)

Download and Read Free Online Cinnamon Essential Oil: Uses, Studies, Benefits, Applications & Recipes (Wellness Research Series Book 5) George Shepherd

From reader reviews:

Hayden Roberts:

With other case, little folks like to read book Cinnamon Essential Oil: Uses, Studies, Benefits, Applications & Recipes (Wellness Research Series Book 5). You can choose the best book if you appreciate reading a book. As long as we know about how is important a new book Cinnamon Essential Oil: Uses, Studies, Benefits, Applications & Recipes (Wellness Research Series Book 5). You can add expertise and of course you can around the world by the book. Absolutely right, since from book you can understand everything! From your country until finally foreign or abroad you may be known. About simple point until wonderful thing you can know that. In this era, we can open a book or even searching by internet product. It is called e-book. You can use it when you feel bored stiff to go to the library. Let's go through.

Charles Malone:

The actual book Cinnamon Essential Oil: Uses, Studies, Benefits, Applications & Recipes (Wellness Research Series Book 5) will bring you to definitely the new experience of reading the book. The author style to clarify the idea is very unique. Should you try to find new book to learn, this book very suited to you. The book Cinnamon Essential Oil: Uses, Studies, Benefits, Applications & Recipes (Wellness Research Series Book 5) is much recommended to you you just read. You can also get the e-book from the official web site, so you can quickly to read the book.

Susan Belcher:

You can obtain this Cinnamon Essential Oil: Uses, Studies, Benefits, Applications & Recipes (Wellness Research Series Book 5) by visit the bookstore or Mall. Just viewing or reviewing it could to be your solve trouble if you get difficulties for your knowledge. Kinds of this book are various. Not only by means of written or printed but can you enjoy this book by means of e-book. In the modern era including now, you just looking from your mobile phone and searching what your problem. Right now, choose your personal ways to get more information about your publication. It is most important to arrange you to ultimately make your knowledge are still change. Let's try to choose right ways for you.

Elizabeth Acker:

Do you like reading a publication? Confuse to looking for your best book? Or your book seemed to be rare? Why so many problem for the book? But any kind of people feel that they enjoy to get reading. Some people likes looking at, not only science book but in addition novel and Cinnamon Essential Oil: Uses, Studies, Benefits, Applications & Recipes (Wellness Research Series Book 5) or maybe others sources were given understanding for you. After you know how the truly amazing a book, you feel wish to read more and more. Science reserve was created for teacher as well as students especially. Those guides are helping them to increase their knowledge. In various other case, beside science book, any other book likes Cinnamon Essential Oil: Uses, Studies, Benefits, Applications & Recipes (Wellness Research Series Book 5) to make

your spare time much more colorful. Many types of book like this.

**Download and Read Online Cinnamon Essential Oil: Uses, Studies, Benefits, Applications & Recipes (Wellness Research Series Book 5)
George Shepherd #0GDECSVMHJL**

Read Cinnamon Essential Oil: Uses, Studies, Benefits, Applications & Recipes (Wellness Research Series Book 5) by George Shepherd for online ebook

Cinnamon Essential Oil: Uses, Studies, Benefits, Applications & Recipes (Wellness Research Series Book 5) by George Shepherd Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Cinnamon Essential Oil: Uses, Studies, Benefits, Applications & Recipes (Wellness Research Series Book 5) by George Shepherd books to read online.

Online Cinnamon Essential Oil: Uses, Studies, Benefits, Applications & Recipes (Wellness Research Series Book 5) by George Shepherd ebook PDF download

Cinnamon Essential Oil: Uses, Studies, Benefits, Applications & Recipes (Wellness Research Series Book 5) by George Shepherd Doc

Cinnamon Essential Oil: Uses, Studies, Benefits, Applications & Recipes (Wellness Research Series Book 5) by George Shepherd MobiPocket

Cinnamon Essential Oil: Uses, Studies, Benefits, Applications & Recipes (Wellness Research Series Book 5) by George Shepherd EPub