



Der Kochlehrling: Erlebnisbericht (August von Goethe Literaturverlag) (German Edition)

Steivan Q. Steiner

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Neben Gemüseschälen und Töpfeschrubben gibt es für den jungen Koch-Azubi Steivan noch einiges mehr zu tun. In der Gourmet-Küche des Dolder Grand Hotel in Zürich – eine Topadresse für Stars und Politiker – lernt er, ausgefallene Fleischgerichte zu kreieren, feinste Soßen zu kochen und Torten zu zaubern.

In diesem autobiografischen Bericht geht es aber nicht vordergründig um das Kochen, Backen und Anrichten, sondern um die sozialen Zustände in einer solchen Restaurantküche. Der Ton ist rau, die Manieren untereinander unfein, Neid und Konkurrenzdruck überall, freizeitunfreundliche Arbeitszeiten. Das kann den 16-jährigen Auszubildenden schnell zu viel werden. Wie genau die Lehre in dem harten Koch-Metier aussieht und welche Eigenschaften die Koch-Anwärter mitbringen müssen, schildert Steivan Q. Steiner in diesem Buch sehr eindrücklich.

Nicht nur interessant für alle, die selbst eine Kochlehre anstreben, sondern auch für diejenigen, die wissen wollen, wie die leckeren Gerichte entstehen, die Sie als Restaurantbesucher genießen.

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