



Pronto soccorso naturale (Italian Edition)

Istituto Riza di Medicina Psicosomatica

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Lo sapevi che...il sale allevia il mal di denti, che il limone è un ottimo disinfettante, che lo sciroppo per la tosse si prepara velocemente unendo miele, succo di limone e rhum, o che il mal di testa si elimina con un impacco freddo di aceto sulle tempie? Tutto questo e altro ancora in questo libro che ci farà scoprire che tutto quello che di solito abbiamo in casa può essere una vera farmacia per il primo soccorso e per curare i disturbi più comuni.

L'autore

Questo libro è stato scritto dagli esperti dell'Istituto Riza di Medicina Psicosomatica. L'istituto, fondato nel 1979 da Raffaele Morelli insieme a un gruppo di medici, psicologi e ricercatori, ha lo scopo di studiare l'uomo come espressione dell'unità psicofisica, riconducendo a questa concezione l'interpretazione della malattia, della sua diagnosi e della sua cura.

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