



# Encyclopedia of Obesity And Eating Disorders (Facts on File Library of Health & Living)

*Dana K. Cassell, David H. Gleaves*

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The Encyclopedia of Obesity and Eating Disorders, Third Edition is more relevant now than ever before. Presently, almost two-thirds of American adults are overweight and 31 percent are obese. Eating disorders are now affecting a wider range of the population, particularly with increased diagnoses in men and boys, and the anti-carb craze has swept the country with potentially long-lasting ramifications for health and diet. New research has identified significant cultural and racial factors connected to obesity and eating disorders, and new products, such as nutraceuticals, have hit the market, contributing to misconceptions and uncertainty about healthy diets. This revised and expanded edition includes more than 400 entries, more than 140 of them new.

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