



Microthrills: True Stories from a Life of Small Highs

Wendy Spero

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Raised in Manhattan by her overprotective sex-therapist mother (who wore “nine inches of shoulder pads”), Wendy Spero has always sought excitement in microthrills, the small, strange highs that give her life meaning—from finding a strip tease video of her grandmother to selling knives door-to-door. As a little girl, Spero passed the time sniffing fruit-scented markers and breaking up arguments between her imaginary friends. As an adult, in her first office job, she formed an unusual relationship with her boss that involved as much marijuana-smoking as it did mentoring. Called “a profoundly funny human being” by *Time Out New York*, Spero is now a comedian living in L.A., grappling with such grown-up issues as trying to kick her addiction to eating candy in bed and learning how to drive.



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