



Creating Sanctuary: Toward the Evolution of Sane Societies, Revised Edition

Sandra L Bloom

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Creating Sanctuary is a description of a hospital-based program to treat adults who had been abused as children and the revolutionary knowledge about trauma and adversity that the program was based upon. This book focuses on the biological, psychological, and social aspects of trauma. Fifteen years later, Dr. Sandra Bloom has updated this classic work to include the groundbreaking Adverse Childhood Experiences Study that came out in 1998, information about Epigenetics, and new material about what we know about the brain and violence.

This book is for courses in counseling, social work, and clinical psychology on mental health, trauma, and trauma theory.

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