



It's Your Kid, Not a Gerbil: Creating a Happier & Less-Stressed Home

Kevin Leman

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Do you sometimes feel like a gerbil running on a wheel inside a cage as you scurry from place to place, chauffeuring your children from one endless activity to another? What if, for one moment, you could just step off of the wheel . . . and relax? How would you feel then? And what if that single moment could stretch into an hour, or even a whole day? *It's Your Kid, Not a Gerbil* will provide practical solutions and helpful insight to get off the activity wheel so that you can put your time and energies where they really count: in establishing strong character and a love for home and family that will serve your kids well for a lifetime.



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