



The Wellness Approach: The Secrets of Health your Doctor is Afraid to Tell You

Dr. Jonathan B. Spages

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The Wellness Approach will uncover the common myths of medication and your health, define once and for all true health and how to attain it, reveal the main reason sick people continue to get sick, teach parents how to ensure that their children grow up healthy and strong, and prove why you can't trust your doctor and the secrets they hide from you.



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