



Butter: A Rich History

Elaine Khosrova

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The delicious kitchen staple we so often take for granted is not merely a stick tucked into our refrigerator door. It's a culinary catalyst, an agent of change, a gastronomic rock star. From its accidental invention in a long-ago herder's pouch to its ubiquitous presence in the world's most fabulous cuisines, butter is boss. Now, it finally gets its due.

Award-winning food writer and chef Elaine Khosrova serves up a story as rich, textured, and culturally relevant as butter itself. From the ancient butter bogs of Ireland to the sacred butter sculptures of Tibet, *Butter* is about so much more than food. Khosrova details its surprisingly vital role in history, politics, economics, nutrition, even spirituality and art. From its humble agrarian origins to its present-day artisanal glory, butter has a fascinating story to tell, and Khosrova is the perfect person to tell it. She even includes the essential collection of carefully developed core butter recipes, from *beurre manié* and croissants to *pâte brisée* and the perfect buttercream frosting, and provides practical how-tos for making various types of butter at home--no churning necessary.



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