



# Surviving Your Own Holocaust

*Bryant F. Litchfield, Dr Bryant F. MD Litchfield*

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In Family Medicine, the physician often takes on the role of Junior Psychiatrist treating depression, grief, anxiety, social phobia, panic attack disorder, and bipolar affective disorder. He or she may have among his/her patients others with schizophrenia, dissociative, or a wide variety of personality disorders. Counselling is commonplace in Family Medicine engaging these as well as excessive appetite behaviours: addictions.

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