



The Oxford Handbook of Group Counseling (Oxford Library of Psychology)

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Group counseling is a dynamic and valuable treatment device used by therapists throughout the psychological disciplines, one that has proven effective in promoting change and growth in a variety of populations and settings. *The Oxford Handbook of Group Counseling* takes an innovative approach to this expansive topic, providing both a comprehensive field manual for practitioners and an authoritative reference work for teachers and researchers.

Comprising 31 topic-based chapters by leading practitioners and researchers, this handbook covers the full spectrum of current and relevant topics in group counseling, including:

- definitions and background
- history and efficacy
- key change processes (e.g., therapeutic factors, group cohesion, group climate)
- group leader strategies and characteristics
- new applications for group counseling strategies, including online groups
- group counseling with special populations
- the future of group counseling

With roots in the most recent and relevant literature, *The Oxford Handbook of Group Counseling* is an ideal text for training programs (counselor education, clinical psychology, social work, or human services) or as a reference for researchers in counseling psychology. Whoever the reader, it is a valuable and comprehensive guidebook for both students and practitioners in the growing practice of group counseling.

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