



Clinical Alzheimer Rehabilitation

Prem P. Gogia, Nirek Rastogi

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"If knowledge and preparation are the best defense and offense for [managing AD] challenges....this book is an excellent way to obtain those tools" -- **Shirley Sahrmann**, PT, PhD, FAPTA (from the Forward)

Despite the increasing prevalence of Alzheimer's disease (AD), current research remains limited, and AD is still one of the most mysterious diseases to date, even to health professionals. This up-to-date resource for AD clinicians and caregivers serves to demystify AD and dementia at large.

This comprehensive and easy-to-read guidebook contains the latest research on dementia and AD in the elderly population, including the causes and risk factors of AD, diagnosis information, and symptoms and progressions of the disease. Significant emphasis is given to the physical, mental, and verbal rehabilitation challenges of patients with AD.

Key Features:

- Outlines specific rehabilitation goals for the physical therapist, occupational therapist, speech-language pathologist, and general caregiver
- Includes chapters on prevention and treatment of AD, caring for AD patients within the home, and long-term, institutional care of AD
- Provides guidelines on how to address rehabilitation challenges, including strength-building to prevent falls, swallowing exercises to prevent malnutrition, and speech language skills to promote communication

With this book, Gogia and Rastogi set forth the necessary care-giving and diagnostic tools to address the ongoing challenge of caring for AD patients - tools that have been clinically proven to help arrest this devastating, neurodegenerative disease.

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