



Le ricette di mio padre - Volume 3 (Italian Edition)

ROBERT MARCHESE

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Nel terzo volume l'autore passa in rassegna le salse più note e descrive il procedimento antico per preparare questi insaporitori, soffermandosi sulla origine e storia di alcune di queste. Nei capitoli dei funghi e dei tartufi descrive alcune ricette della tradizione che contemplano questi prodotti pregiati della terra. Passa poi a descrivere i piatti più tipici della tradizione dal cappon magro genovese dove un link raggiunge un interessante video che descrive la sua storia e preparazione; seguono poi la casseula, la trippa, la bagna cauda e la fonduta che sono i pilastri della gastronomia di origine contadina. Un capitolo è dedicato alle torte salate, al pane, alle focacce e alle pizze descrivendo le ricette e alcune avvertenze per la loro buona esecuzione. Seguono le omelette, le crepes, le croquette e le frittelle che caratterizzano la cucina tradizionale insieme ai fritti misti: di mare, alla piemontese, all'ascolana. Alcuni link consentono di approfondire alcuni argomenti di interesse per chi è appassionato di cucina.

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