



O toque na psicoterapia: Massagem Biodinâmica (Portuguese Edition)

*Ricardo "Guará" Amaral Rego, Dinorah Poletto Porto, Dulce C. Amabis, Maria Forlani, Sandra Ferreira
Martins (Organizadores)*

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Este livro foi escrito tendo em vista a sistematização do conhecimento existente sobre a prática da Massagem Biodinâmica, utilizada há décadas no âmbito da Psicologia Biodinâmica. São poucas as fontes escritas que detalham as diversas técnicas e as concepções que embasam seu uso na clínica, e a ideia foi surgindo aos poucos, quando os professores do Instituto Brasileiro de Psicologia Biodinâmica e membros de um grupo informal de estudos perceberam que havia variações quanto à compreensão das diversas técnicas de massagem ensinadas no Curso de Formação. Constando de um escopo histórico, vinhetas clínicas e, como não poderia deixar de ser, um detalhado Manual de Massagem Biodinâmica (na Parte 4 do livro), escrito com base em uma prática diária e fruto de extensa pesquisa, "O toque na psicoterapia" certamente se tornará referência no segmento. Além de valiosas informações para profissionais, o livro deverá cativar também os leitores leigos, que através de sua leitura poderão formar uma imagem detalhada das possibilidades deste tipo de psicoterapia, de Reich a Gerda Boyesen.

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