



The Making of a Healer: Teachings of My Oneida Grandmother

Russell FourEagles

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Once Oneida healer Russell FourEagles (Atuneyute Keya) went to see his friend Bob, whom doctors had declared incurably paralyzed following a stroke. Within minutes of FourEagles' attention, Bob was kicking the covers off the bed. "You should write a book!" Bob later encouraged. And here it is. FourEagles' grandparents escaped the reservation-school education that obliterated Native American culture, preserving the healing abilities that can be traced in an unbroken lineage back two hundred grandmothers. In *The Making of a Healer*, he openly shares his knowledge in an effort to keep the old wisdom and practices from being forgotten. Recounting sacred Oneida myths and cosmology, he describes the healing powers of the Fire Ceremony, energy exchange, and humor; discusses natural remedies; and explains how he healed himself from post-traumatic stress disorder after serving in the Vietnam War.

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